

## **Activity Risk Assessment: - Orienteering Offsite at Brimham rocks**

**Carlton Lodge recognises that using a suitably trained / qualified instructor will vastly reduce the inherent risks of the activity.  
Therefore all Carlton Lodge Activities will be led by suitably trained / qualified instructors.**

| No | Hazard                         | Who it effects      | Unmanaged Risk | Control Measures   | Managed Risk |
|----|--------------------------------|---------------------|----------------|--|--------------|
| 1  | Getting lost/ overdue          | Group               | Medium         | Briefing on map work and boundaries of the area. Students placed into groups of appropriate number. Giving map and a whistle to each group, brief them to only use the whistle in an emergency. Ensure that group stay together if they get lost.<br>Brief the group that all the markers are on established paths. Instructor to navigate to a practice marker with the group if unsure of their abilities.                         | Low          |
| 2  | Falling/ Injury                | Instructors & Group | High           | Ensure adequate footwear. Ensure group knows what to do in the event of injury.<br>Climbing areas are out of bounds for this activity. Good Instructor brief and appropriate level of supervision for the group.   | Low          |
| 3  | Traffic                        | Group               | Medium         | Brief group to be careful in the car park and also on the forest track road.   | Low          |
| 4  | Hypo/hyperthermia and exposure | Instructors & group | Medium         | Instructors should ensure that the group is appropriately clothed for the weather (e.g. Waterproofs, hat, gloves, warm clothes, sun-lotion etc.).<br>Instructors should ensure that group is appropriately hydrated and monitor the state of all individuals within the group.<br>Instructors should be prepared to stop or have a break during the session.<br>Group needs safety bag readily available. Instructor to ensure this. | Low          |

|   |                    |                        |        |   |     |
|---|--------------------|------------------------|--------|---|-----|
| 5 | Other users        | Instructors & Group    | Medium | Brief the group about the possibility of other users and how to conduct themselves around them.   | Low |
| 6 | Cuts and abrasions | Instructors and groups | Medium | Warn group in brief about the hazard of roots, rocks, branches etc.<br>Also of scraping skin against rock.<br>Instructor to be vigilant throughout.<br>Advise group members to wear long sleeve tops and long trousers. | Low |
| 7 | Slips and trips    | Instructor and group   | Medium | Appropriate footwear should be worn.  | Low |

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Carlton Lodge Activity Centre

Orienteering At Brimham

Reviewed 05/12/2018

By Rebecca Avery