

## Activity Risk Assessment: - Offsite Bouldering

Carlton Lodge recognises that using a suitably trained / qualified instructor will vastly reduce the inherent risks of the activity. Therefore all Carlton Lodge Activities will be led by suitably trained / qualified instructors.

No	Hazard	Who it effects	Unmanaged risks	Control Measures	Managed risks
1	Loss of group member	Instructors & Group	High	Before leaving the minibus the group should be briefed not to wander off on their own. Highlight the dangers of the location. Instructor should ensure they are aware of how many participants they have and carry out regular head counts.	Low
2	Traffic in car park	Instructors & Group	Medium	Make group aware that they are in a busy car park and to take care when walking through the car park.	Low
3	Blow to the head	Instructor & Group	Medium	Instructors and group members must wear a correctly fitted helmet throughout the activity.	Low
4	Low branches, uneven and loose surfaces	Instructors & Group	Medium	Instructor should brief the group on the potential hazards at the location and advise how to best negotiate them. During the activity the instructor should highlight, where possible, specific hazards and offer further advice.	Low
5	Jumping from rocks	Group	High	Check that group members are all wearing appropriate, well-fitting footwear. Brief group on good safe practice, spotting and how to land safely. Good group management by Instructor.	Low
6	Falling from height (unsupervised)	Instructors & group	High	Instructor must be familiar with the layout of the location and avoid any locations where the risk cannot be managed safely. The group should be aware of the nature of the location and that they may come across cliffs and drops suddenly. The group should be briefed at each location and monitored throughout the activity.	Low

7	Falling from height whilst following the designated route	Instructors & Group	Medium	The instructor should explain the concept of 'spotting' to the group and encourage them to spot when needed. The instructor should always be in a position where they can spot on tricky sections and / or supervise the group spotting for each other.	Low
8	Miscommunication between instructors	Instructors & Group	High	Both instructors on the activity should fully understand what is expected of them depending on which role they take within the group. If unsure it is their own responsibility to clarify the situation with their colleague before continuing with the activity.	Low
9	Entrapment between rocks when weaselling	Instructors & Group	High	Instructors should only attempt routes which have been tried and tested during training sessions. Instructor to advise individuals on their ability to fit through the gaps. If necessary miss out sections of the route to accommodate the group.	Low
10	Other users	Instructors & Group	Medium	Brief the group about the possibility of other users and how to conduct themselves around them. When at the base of the boulders / cliffs all participants and instructors to wear helmets. Where possible use locations free from other users.	Low
11	Cuts and abrasions	Instructors & group	Medium	Warn group in brief about the hazard of roots, rocks, branches etc. Also of scraping skin against rock. Instructor to be vigilant throughout. Advise group members to wear long sleeve tops and long trousers.	Low
12	Hypo/hyperthermia and exposure	Instructors & group	Medium	Instructors should ensure that the group is appropriately clothed for the weather (e.g. Waterproofs, hat, gloves, warm clothes, sun-lotion etc.). Instructors should ensure that group is appropriately hydrated and monitor the state of all individuals within the group. Instructors should be prepared to stop or have a break during the session. Group needs safety bag readily available.	Low