

## Activity Risk Assessment: - Orienteering Off-site (Silton Forest)

Carlton Lodge recognises that using a suitably trained / qualified instructor will vastly reduce the inherent risks of the activity. Therefore all Carlton Lodge Activities will be led by suitably trained / qualified instructors.

No	Hazard	Who it effects	Unmanaged risk	Control Measures	Managed Risk
1	Getting lost/overdue	Group	Medium	Briefing on map work and boundaries of the area. Students placed into groups of at least three. Giving map and a whistle to each group, brief them to only use the whistle in an emergency. Ensure that group stay together if they get lost.	Low
2	Falling/ injury	Group	Medium	Ensure adequate footwear. Brief on dangers. Ensure group knows what to do in the event of injury.	Low
4	Hypo/ Hyperthermia and Exposure	Group	Medium	Instructors should ensure that the group is appropriately clothed for the weather. (E.g. Waterproofs, hat, gloves, warm clothes, sun-lotion etc.) Instructors should ensure that group is appropriately hydrated and monitor the state of all individuals within the group. Instructors should be prepared to stop or have a break during the session. Group needs safety bag readily available. Instructor to ensure this.	Low
5	Traffic	Group	Medium	Brief group to be careful in the car park and also on the forest track road.	Low
6	Tree felling	Group/ instructors	High	Make judgement on where to go on the day. Check with forest enterprise on current tree felling operations.	Low
7	Other users	Group	medium	Make group aware of the bike tracks/ possibility of dog walkers.	Low