## **Activity Risk Assessment: - Bushcraft**

Carlton Lodge recognises that using a suitably trained / qualified instructor will vastly reduce the inherent risks of the activity. Therefore, all Carlton Lodge Activities will be led by suitably trained / qualified instructors.

| No | Hazard                            | Who it effects      | Unmanaged<br>Risk | Control Measures  | Managed<br>risk |
|----|-----------------------------------|---------------------|-------------------|---|-----------------|
| 1  | Splinters                         | Everyone            | High              | Brief group to take care, gloves available.   | Low             |
| 2  | Shelter Collapse                  | Group               | Medium            | Instructor to supervise and advise. Weight test before use.   | Low             |
| 3  | Fire spreading                    | Everyone            | High              | Only allow fires to be lit inside the fire circle. Brief group to keep things small. Make sure water available nearby.  | Low             |
| 4  | Burns                             | Group               | Medium            | Show group correct way of lighting fire. Have burns first aid kit and cool pack to hand.  | Low             |
| 5  | Allergic reaction                 | Group               | Medium            | Read the Allergy Advice on the bugs to the group before offering to eat.  State that anyone with known allergies or food intolerances should avoid wild foods.  Instructors only to offer wild foods if 100% sure what they are eating.   | Low             |
| 6  | Knives                            | Group               | Medium            | Only to be used with older/ more responsible groups. Correct use shown.   | Low             |
| 7  | Hypo/hyperthermia<br>and exposure | Instructors & group | Medium            | <ul> <li>Instructors should ensure that the group is appropriately clothed for the weather. (Waterproofs, hat, gloves, warm clothes, sun-lotion etc.)</li> <li>Instructors should ensure that group is appropriately hydrated and monitor the state of all individuals within the group.</li> <li>Instructors should be prepared to stop or have a break during the session.</li> </ul> | Low             |