

## Activity Risk Assessment: - Archery

Carlton Lodge recognises that using a suitably trained / qualified instructor will vastly reduce the inherent risks of the activity. Therefore all Carlton Lodge Activities will be led by suitably trained / qualified instructors.

No	Hazard	Who it effects	Unmanaged risks	Control Measures	Managed Risk
1	Trip/stumble whilst walking in archery area.	Instructors & Group	High	<ul style="list-style-type: none"> <li>Instructor to brief group on appropriate behaviour.</li> </ul>	Low
2	Getting hit by arrows.	Instructors, Group and other visitors.	Medium	<ul style="list-style-type: none"> <li>Instructor to monitor area around and behind archery ranges, and stop session if there are other people in the area.</li> <li>Only fire arrows on command from the shooting line.</li> <li>Point arrows at target or floor at all times.</li> <li>No deliberate high or wide shooting.</li> <li>All spectators to stay on the safety bench.</li> <li>Wait until instructed to collect arrows from the target. At their discretion the instructor can collect all arrows.</li> <li>No standing directly behind anyone withdrawing arrows from the target.</li> <li>Warn other visitors that archery is taking place and explain boundaries.</li> </ul>	Low
3	Walking into arrows.	Instructors & Group	Medium	<p>Brief group to.</p> <ul style="list-style-type: none"> <li>Instructor to clear Range of obvious trip hazards when setting up in the morning.</li> <li>Walk slowly down the sides to the target. Do not walk directly at the target.</li> <li>Don't stand directly in front of target whilst removing</li> </ul>	Low

				<p>arrows.</p> <ul style="list-style-type: none"> <li>• Suitable shoes to be worn, (no open toe / sandals)</li> <li>• Brief group to be sensible when removing arrows from the target or retrieving them from the ground or elsewhere.</li> </ul>	
4	Catching hair/ jewellery.	Instructors & Group	Low	<ul style="list-style-type: none"> <li>• Advise participants to remove all jewellery and tie hair back.</li> </ul>	Low
5	Bruising to arm.	Instructors & Group	Medium	<ul style="list-style-type: none"> <li>• Advise to wear long sleeve tops.</li> <li>• Advise on arm position if needed.</li> <li>• Arm braces are available if needed</li> </ul>	Low
6	Holes in net	Everyone	Medium	<ul style="list-style-type: none"> <li>• Check that nets are tied up properly.</li> <li>• Check nets do not have holes in.</li> <li>• Check nets are in correct position.</li> </ul>	Low
7	Lost arrows	Instructors & Group	Medium	<ul style="list-style-type: none"> <li>• Instructor and group to look for missing arrows when appropriate.</li> <li>• Instructor to report to the Senior Instructor the quantity missing.</li> <li>• Every effort to be made to locate missing arrows.</li> </ul>	Low
8	Hypo/hyperthermia and exposure	Instructors & group	Medium	<ul style="list-style-type: none"> <li>• Instructors should ensure that the group is appropriately clothed for the weather (e.g. Waterproofs, hat, gloves, warm clothes, sun-lotion etc.).</li> <li>• Instructors should ensure that group is appropriately hydrated and monitor the state of all individuals within the group.</li> <li>• Instructors should be prepared to stop or have a break during the session.</li> </ul>	Low